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## Personal information:

**Name:** Amira Refaat Said Ahmed

**Position:** assistant Professor of Obstetrics & Woman's Health

Nursing- Faculty of Nursing- Benha University

**Date of Birth:** 2 / 5 / 1982

**Marital Status:** Married

**Nationality :** Egyptian

**Religion:** Moslem

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**Qualification:**

<b>Degree</b>	<b>University</b>	<b>Date/ year</b>
<b>Bachelor in Nursing Science</b>	<b>Faculty of Nursing, Behna- University</b>	<b>May, 2003</b>
<b>Master degree in Maternal and Newborn Health Nursing</b>	<b>Faculty of Nursing, Behna-University</b>	<b>November, 2009</b>
<b>Doctorate degree in Maternal and Newborn Health Nursing</b>	<b>Faculty of Nursing, Benha -University</b>	<b>November, 2012</b>
<b>Assistant professor degree in Maternal and Newborn Health Nursing</b>	<b>Faculty of Nursing, Benha -University</b>	<b>November,2018</b>

### **Published researches:**

- 1- Effect of comfort measures on relieving pain for women with caesarean section – Egyptian Nursing journal Ain Shams University June 2016,7 (2)**
- 2- Effect of Counseling Intervention on Women’s Knowledge, Practices and Lifestyle of Fetal Well-being among Primigravidae- International Journal of Nursing Science 2016, 6(4): 87-93 DOI: 10.5923/j.nursing.20160604.01**
- 3- The Effect of Pelvic Floor Muscles Exercises for Improving Urinary Incontinence among Women IOSR Journal of Nursing and Health Science (IOSR-JNHS) E-ISSN: 2320–1959.p- ISSN: 2320–1940 Volume 5, Issue 5 Ver. VIII (Sep. - Oct. 2016), PP 14-26**

- 4- **Improving life style among nursing students regarding menstrual disorders through an educational training program** International Journal of Nursing Science p-ISSN: 2167-7441 e-ISSN: 2167-745X 2017; 7(2): 35-43 doi:10.5923/j.nursing.20170702.01
- 5- **Developing Nursing Management Protocol for Maternity Nurses Regarding Emergency Obstetric Care** American Journal of Nursing Science 2017; <http://www.sciencepublishinggroup.com/j/ajns> doi: 10.11648/j. ISSN: 2328-5745 (Print); ISSN: 2328-5753
- 6- **Effect of an Educational Intervention for Infertile Women Regarding Natural Fertility Methods and Sexual Skills for Improving Sexual Function** American Journal of Nursing Research, 2018, Vol. 6, No. 1, 1-11 Available online at <http://pubs.sciepub.com/ajnr/6/1/1> © Science and Education Publishing DOI:10.12691/ajnr-6-1-1
- 7- **Effect of PLISSIT Model Sexual Counseling Program on Sexual Quality of Life for Postpartum Women** American Journal of Nursing Science 2018; 7(2): 63-72 <http://www.sciencepublishinggroup.com/j/ajns> doi: 10.11648/j.ajns.20180702.14 ISSN: 2328-5745 (Print); ISSN: 2328-5753 (Online)
- 8- **Evaluation the Effect of Evidence Based Guidelines for Maternity Nurses to Cope with Aborted Women** International Journal of Nursing and Health Science 2018; 5(1): ISSN: 2381-4861 (Print); ISSN: 2381-4888 (Online) <http://www.openscienceonline.com/journal/ijnhs>
- 9- **The Effect of Educational Guidelines regarding Sexually Transmitted Diseases among Male Nursing Students** Egyptian Nursing journal Ain Shams University 2018; 9 (2) ISSN:1687-9546

### **Publishing books:**

- Arabic book with titled “Guidelines instructions about women health and new-born”. Egyptian National Library and National Documents

### **Work Experiences in Theoretical and Clinical Teaching**

- **One year experience in Clinical Training of Internship Nurse Students at Benha University Hospital**

- **Ten years' experience in Clinical Training "Obstetrics &Gynecological Nursing" for the third year undergraduate nursing students at Faculty of Nursing, Benha University.**
- **Five years' experience in Teaching" Obstetric &Women's Health Nursing Course" for the third year undergraduate nursing students at Faculty of Nursing, Benha University.**
- **One year experience in Teaching" Method of Research Course" for the fourth year undergraduate nursing students at Faculty of Nursing, Benha University.**
- **One year experience in Teaching" Obstetrics &Gynecological Nursing Course" for the second year undergraduate nursing students at Technical Institute of Nursing, Benha University.**

### **Languages:**

- **Arabic : Mother Tongue**
- **English : Good command (written & spoken)**

### **Responsibilities**

- **Membership in "Quality Assurance Unit". As Coordinator in Faculty Staff Members at Benha Faculty of Nursing (from 2013 until now).**
- **Coordinator in the Standard of administrative system at Benha Faculty of Nursing (2015).**

- **Membership in the "Committee of Community Service and Environmental Development" at Benha Faculty of Nursing (2015).**
- **Membership in the "Committee of Cultural Relations at Faculty of Nursing- Benha University (2016)**
- **Participation in the work of the exams and Alkntrulat for undergraduate and postgraduate nursing students at Faculty of Nursing- Benha University.**

#### **Conferences, Workshops and Activities:**

- **Attended workshop on "Quality Assurance in Nursing Education ". At Benha Faculty of Nursing. (March 2005).**
- **Participated in a series of Training Program on "Educational Technology Methods and Devices" at Faculty of Education Enhancement Project (FOELP) (9Days) (April, 2006).**
- **Lecturer and clinical training for workshop on "First Aid" for undergraduate student's representative from all Faculties by Benha University (1 week) (May, 2006).**
- **Attended the annual scientific meeting at Benha Faculty of Medicine for department Obstetrics & Gynecology (June 2008).**
- **Organizer for workshop about "Hepatitis C virus" organized by Community Service and Environmental Development Affair". At Benha Faculty of Nursing (February 2013).**

- **Participated as lecturer in Regional Week of Community Developmental & Environmental Affair (April 2013).**
- **Attended workshop about "Standards and Accreditation" organized by Benha Faculty of Nursing (March, 2013).**
- **Organizer for workshop about "cancer breast and how to prevent it" at Benha Faculty of Nursing. (May, 2013).**
- **Attended Workshop about "Internationalization" organized by quality unit at Benha Faculty of Nursing. ( 22 /6/2013)**
- **Coordinator for workshop about "Osteoporosis". At Benha Faculty of Nursing. (30<sup>th</sup> September, 2013).**
- **Actively participated in Blood donation campaign organized by the Regional Center at Benha Faculty of Nursing. (November, 2013).**
- **Attended workshop about "How to activate the electronic courses" organized by quality unit at Benha Faculty of Nursing. (June, 2013)**
- **Coordinator for workshop about "Measurement of vital signs ", at Benha Faculty of Nursing. (7<sup>th</sup> October, 2013).**
- **Actively participated as Lecturer in "The activities of the training courses to raise the efficiency of Nursing Hospitals at Qalioubia Government" for nurses from all hospitals At Benha Faculty of**

**Nursing (4 weeks) from 20/10/2013 until 12/11/2013 (October &November).**

- **Actively participated as Coordinator in "The activities of the training courses to raise the efficiency of nurses of Obstetrics and Gynecological departments in hospitals Qalioubia Government ". At Benha Faculty of Nursing. (October &November 2013).**
- **Participated as lecturer for Students of University City at Qalioubia Government about "guidelines for polycystic ovarian syndrome" (26<sup>th</sup> November, 2013).**
- **Organizer for workshop about "Statistical methods used in scientific research ", at Benha Faculty of Nursing (9<sup>th</sup> December, 2013).**
- **Attended training course about " Self-evaluation of higher education institutions" organized by Training Department of National Authority for Education Quality Assurance and Accreditation at Benha Faculty of Nursing (21, 22 January, 2014).**
- **Organizer for workshop about "program and course specification review for post graduate ", at Benha Faculty of Nursing (11<sup>th</sup> February, 2014).**
- **Attended Workshop about " Upgrade rules for Faculty Staff Members" organized by Community Health Nursing Department at Benha Faculty of Nursing (26<sup>th</sup> February, 2014).**

- **Actively participated in the "Prevention is Better than Cure" Conference at Faculty of Nursing, Mansoura University (3<sup>rd</sup> March, 2014).**
- **Participated as lecturer for Students of University City at Qalioubia Government with title "Reproductive Health" (17<sup>th</sup> March, 2014).**
- **Organizer and an actively participated in the 2<sup>nd</sup> Annual student's conference at Faculty of Nursing - Benha University " NURSING, WHERE & TO WHERE (24<sup>th</sup> March 2014).**
- **Participated as lecturer in Regional Week of Community Developmental & Environmental Affairs about Self-care for the pregnant mothers (from 25<sup>th</sup> March 2014).**
- **Actively participated in the 6<sup>th</sup> International Conference "Advances in Nursing Profession (Education & Practice)" at Faculty of Nursing, Helwan University (6-7<sup>th</sup> April, 2014).**
- **Actively participated in the 4th Annual Conference Advanced Nursing Practicing " Improving Health care Outcomes" at Faculty of Nursing Bani-Suef University. (24<sup>th</sup> April 2014).**
- **Organizer and active participation for workshop about "How to write scientific paper and Research critique", organized by Obstetrics & Woman's Health Nursing Department at Benha Faculty of Nursing (May, 2014).**



- **Actively participated in the 2<sup>nd</sup> Scientific Nursing Conference "The Newest Technology in Nursing Practice and Nursing Education" at Faculty of Nursing, Benha- University (14<sup>th</sup> May, 2014).**
- **Organizer and an actively participated in the accreditation of the Faculty of Nursing ceremony - Benha University In recognition of the distinguished dedication of the giving in order to upgrade the quality of the Faculty and Performance"(March 2015).**
- **Actively participated in the activities of the 2nd scientific day of Obstetrics & Gynecological Nursing Department" Update of Obstetrics & Gynecological Nursing Research" at Faculty of Nursing, Assiut University (7<sup>th</sup> April, 2015).**
- **Actively participated Scientific Presentation in the 7<sup>th</sup>International Conference "Evolution of Nursing: A pathway to Excellence" at Faculty of Nursing, Helwan University (20-21<sup>th</sup> April, 2015).**
- **Attended Workshop about "Learning outcomes" organized by 4<sup>th</sup>International Conference "Teaching and Clinical learning in Nursing & Health Sciences" at Faculty of Nursing, Tanta University (8-9<sup>th</sup> November, 2015).**
- **Attended Workshop about "Criteria for the examination paper and the rules of holding tests" organized by Measurement and Evaluation unit at the Faculty of Nursing (2<sup>nd</sup> December, 2015).**

- **Actively participated Scientific Presentation in the 3<sup>rd</sup> Conference "Nursing toward Globalization" at Faculty of Nursing, Benha University (14<sup>th</sup> December, 2015).**
- **Attended the 7<sup>th</sup> scientific forum for graduates organized by graduate follow up unit in the Faculty of Nursing Benha University (2015- 2016).**
- **Participated in the workshop titled "updates in Breastfeeding Medicine: Needs for Integration in University Curricula" conducted by Pediatric Department, Benha Faculty of Medicine with MCFC and UNICEF (17<sup>th</sup> May, 2016).**
- **Participated as lecturer in Regional Week of Community Developmental & Environmental Affairs at Qalioubia Government about Self-care for postnatal women (5<sup>th</sup> May 2016).**
- **Participated in the workshop titled "Questions Bank" conducted by Measurement and Evaluation Center at Benha University (23<sup>th</sup> November, 2016).**
- **Actively participated as Coordinator for workshop about "Egyptian Knowledge Bank", at Faculty of Nursing Benha University. (27<sup>th</sup> November, 2016).**
- **Organizer and an actively participated in the 3<sup>rd</sup> Annual undergraduate student's scientific conference about "Toward Competencies Development for Nursing Students" at Faculty of Nursing - Benha University (8<sup>th</sup> March 2017).**

- **Actively participated in the activities of the research sessions and workshops of the First International Scientific Conference of the Center for Capacity Development at Benha University entitled "Developing the training system and ensuring the quality of professional development and institutional work" with Scientific Presenting a paper titled "Creative Training" (9<sup>th</sup> March, 2017).**
- **Actively participated in the 21<sup>st</sup> Pan Arab Conference on Diabetes with Scientific Presenting a paper titled "Impact of Dietary Style and Physical Activity on Women's Perceived Risk of Developing Gestational Diabetes" (21<sup>th</sup> March, 2017).**
- **Actively participated in the activities of the Regional Week of Community Developmental & Environmental Affair at Qalioubia Government from period of (9/4 to 12/4/ 2017).**
- **Actively participated as Coordinator in the 2<sup>nd</sup> scientific day about "Woman Health toward the Best Life", at Faculty of Nursing Benha University. (24<sup>th</sup> April, 2017).**
- **Actively participated as a speaker in the first annual congress of infection control entitled "Nursing between the Challenges of Reality and Ambition of the Future" at Benha Tropical & Fever Hospital in Collaboration with the Egyptian Society of Hepatology, Gastroenterology & Fever and Faculty of Nursing Benha University. (25<sup>th</sup> May, 2017).**

- **Actively participated as abstract titled: Attitude, perceptions and understanding amongst teenagers regarding pregnancy, sexuality and contraception in the 4<sup>th</sup> Annual and 1<sup>st</sup> international Scientific Conference at Faculty of Nursing, Benha University in collaboration with Psychological Intelligence Foundation, Hertford, UK "Nursing in Generation "Y" Challenges Opportunities (19<sup>th</sup> July, 2017).**

### **Certifications**

- **Teacher Preparation**
- **Toefel**

### **Computer training:**

- **Information Technology (IT)**
- **Windows**
- **Word processing & advanced word**
- **Excel**
- **access**
- **Power Point & advanced PowerPoint**
- **Internet Explorer**
- **Maintenance & protection**
- **MS Office Power Point 2016**

### **Faculty Staff Members Skills Development:**

- **Methods of Scientific Research**
- **Effective presentation skills**
- **Effective Communication**

- **Effective Teaching**
- **Systems exams and student assessment**
- **Scientific Publishing**
- **Self-assessment and external review**
- **Websites Management**
- **University ( under graduate ) management**
- **Professional Behaviors and Ethics**